

Diocesan Commission for Liturgy, Vasai

(Prayer service for those who cannot attend Eucharist due to Corona Virus threat)

Corpus Christi – 14th June 2020

The Angelus

Head : The Angel of the Lord declared unto Mary

All : And she conceived by the Holy Spirit

Head : Hail Mary

Head : Behold the handmaid of the Lord

All : Be it done unto me according to your word

Head : Hail Mary

Head : And the Word was made Flesh

All : And dwelt among us

Head : Hail Mary

Head : Pray for us, O Holy Mother of God

All : That we may be made worthy of the promises of Christ

Let us pray: Pour forth, we beseech you, O Lord, Thy grace into our hearts; that we, to whom the incarnation of Christ, your Son, was made known by the message of an angel, may by His Passion and Cross be brought to the glory of His Resurrection, through the same Christ Our Lord. Amen.

Hymn: Ring out your joy (338)

Head of the family: In the name of the Father and of the Son and of the Holy Spirit,

All: Amen

Penitential Act

Head: My dear family members, let us acknowledge our sins, and so prepare ourselves for this prayer service:

All: I confess to almighty God and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and in what I have failed to do. (And, striking their breast, they say) through my fault, through my fault, through my most grievous fault; therefore, I ask blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.

Head: May Almighty God have mercy on us, forgive us our sins, and bring us to everlasting life.

All : Amen.

Head: Lord, have mercy

All: Lord, have mercy

Head: Christ, have mercy

All: Christ, have mercy

Head: Lord, have mercy

All: Lord, have mercy

Glory to God in the highest,

and on earth peace to people of good will.

We praise you,

we bless you,

we adore you,

we glorify you,

we give you thanks for your great glory,

Lord God, heavenly King,

O God, almighty Father.

Lord Jesus Christ, Only Begotten Son,

Lord God, Lamb of God, Son of the Father,

you take away the sins of the world, have mercy on us;

you take away the sins of the world, receive our prayer;

you are seated at the right hand of the Father, have mercy on us.

For you alone are the Holy One,

you alone are the Lord,

you alone are the Most High,

Jesus Christ,

with the Holy Spirit,

in the glory of God, the Father.
Amen.

Let us pray:

O God, who in this wonderful Sacrament have left us a memorial of your Passion, grant us, we pray, so to revere the sacred mysteries of your Body and Blood that we may always experience in ourselves the fruits of your redemption. Who live and reign with God the Father in the unity of the Holy Spirit, one God, for ever and ever.

All: Amen.

Liturgy of the Word

First Reading:

Deuteronomy 8:2-3,14-16

Reader: A Reading from the book of Deuteronomy

He fed you with manna, which neither you nor your fathers had known

Moses said to the people: ‘Remember how the Lord your God led you for forty years in the wilderness, to humble you, to test you and know your inmost heart – whether you would keep his commandments or not. He humbled you, he made you feel hunger, he fed you with manna which neither you nor your fathers had known, to make you understand that man does not live on bread alone but that man lives on everything that comes from the mouth of the Lord.

‘Do not become proud of heart. Do not forget the Lord your God who brought you out of the land of Egypt, out of the house of slavery: who guided you through this vast and dreadful wilderness, a land of fiery serpents, scorpions, thirst; who in this waterless place brought you water from the hardest rock; who in this wilderness fed you with manna that your fathers had not known.’

The Word of the Lord

All: Thanks be to God.

Responsorial Psalm:

Psalm 147:12-15,19-20

Response: O praise the Lord, Jerusalem! or Alleluia!

1. O praise the Lord, Jerusalem!
Zion, praise your God!
He has strengthened the bars of your gates
he has blessed the children within you.

Response: O praise the Lord, Jerusalem! or Alleluia!

2. He established peace on your borders,
he feeds you with finest wheat.
He sends out his word to the earth
and swiftly runs his command.

Response: O praise the Lord, Jerusalem! or Alleluia!

3. He makes his word known to Jacob,
to Israel his laws and decrees.
He has not dealt thus with other nations;
he has not taught them his decrees.

Response: O praise the Lord, Jerusalem! or Alleluia!

Second Reading:

1 Corinthians 10:16-17

Reader: A Reading from the first letter of Paul to the Corinthians

That there is only one loaf means that, though we are many, we form one body

The blessing-cup that we bless is a communion with the blood of Christ, and the bread that we break is a communion with the body of Christ. The fact that there is only one loaf means that, though there are many of us, we form a single body because we all have a share in this one loaf.

The Word of the Lord

All: Thanks be to God.

Gospel Acclamation

Jn6:51

Alleluia, alleluia!

I am the living bread which has come down from heaven,
says the Lord.

Anyone who eats this bread will live for ever.

Alleluia!

Gospel :

John 6:51-58

Reader : A reading from the holy Gospel according to John

All : Glory to you, O Lord.

My flesh is real food and my blood is real drink

Jesus said to the crowd:

‘I am the living bread which has come down from heaven.
Anyone who eats this bread will live for ever;
and the bread that I shall give is my flesh,
for the life of the world.’

Then the Jews started arguing with one another: ‘How can this man give us his flesh to eat?’ they said. Jesus replied:

‘I tell you most solemnly,
if you do not eat the flesh of the Son of Man and drink his blood,
you will not have life in you.

Anyone who does eat my flesh and drink my blood
has eternal life,
and I shall raise him up on the last day.

For my flesh is real food
and my blood is real drink.

He who eats my flesh and drinks my blood
lives in me
and I live in him.

As I, who am sent by the living Father,
myself draw life from the Father,
so whoever eats me will draw life from me.

This is the bread come down from heaven;
not like the bread our ancestors ate:
they are dead,
but anyone who eats this bread will live for ever.’

The Gospel of the Lord

All : Praise to you, Lord Jesus Christ.

Reflection: In spite of the presence of numerous varieties of food that tickle our taste buds, they cannot satisfy our hunger forever and give us eternal life. Only Jesus Christ, the eternal food and drink, can satisfy our hunger and quench our thirst forever! Blessed

Alexandrina Maria da Costa of Balasar, Portugal, fed on the Eucharist alone for more than thirteen years! But today the Eucharist, for many, is a lifeless piece of bread. Several Catholics around the world disbelieve in the real presence of Jesus in the Eucharist. The devil dreads the presence of the Eucharist and we who claim to be believers and followers of Jesus end up desecrating the Eucharist by our sinful way of life.

John Ronald Reuel Tolkien, an English writer and university professor wrote, “Out of the darkness of my life, so much frustrated, I put before you the one great thing to love on earth; the Blessed Sacrament.... There you will find romance, glory, honour, fidelity and the true way of all your loves on earth, and more than that: death: by the divine paradox, that which ends life, and demands the surrender of all, and yet by the taste (or foretaste) of which alone can what you see in your early relationships (love, faithfulness, joy) be maintained, or take on that complexion of reality, of eternal endurance, which every man’s heart desires. The only cure for sagging or fainting faith is communion. Though always itself, perfect and complete and inviolate, the Blessed Sacrament does not operate completely and once for all in any of us. Like the act of faith, it must be continuous and grow by exercise. Frequency is of the highest effect. Seven times a week is more than seven times at intervals.”

The Creed: (The Nicene Creed)

I believe in one God,
the Father almighty,
maker of heaven and earth,
of all things visible and invisible.

I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God,
Light from Light,
true God from true God,
begotten, not made, consubstantial with the Father;
through him all things were made.

For us men and for our salvation he came down from heaven,
At the words that follow, up to and including ‘and became man’, all bow.
and by the Holy Spirit was incarnate of the Virgin Mary,
and became man.

For our sake he was crucified under Pontius Pilate,

he suffered death and was buried,
and rose again on the third day
in accordance with the Scriptures.
He ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead
and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is adored and glorified,
who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.
I confess one Baptism for the forgiveness of sins
and I look forward to the resurrection of the dead
and the life of the world to come. Amen.

The Prayers of the Faithful

Head : Food always occupy our minds because without it we would die. However, Jesus reminds us that we need not to be preoccupied with food – we need to look for the food that lasts. Jesus tells us that he himself will nourish us spiritually by giving his all to us – his body and his blood. This saying was repulsive for the Jews of his time. However, the church teaches us that without Jesus we can perish and even lose the opportunity to enjoy eternal life. Let us then promise Jesus to adore him always and receive him, spiritually, in these days, regularly. As we put forward our petitions before the Lord.

Let our response be : Lord, nourish us, we pray.

1. We pray for the Holy Father, Bishops, Priests and Religious that they may proclaim the sanctity of the Most Holy Body and Blood of Christ efficaciously so that those initiated into the Church may receive him worthily.
2. We pray for those in authority – in the various health ministries, particularly in these days of the Coronavirus, that they reflect on the great responsibility that God has bestowed on them and that they may give the right directions to the people under their care, and create the required infrastructure for treatment and control of the disease.

3. We pray for the poor, particularly the vulnerable sections of Society who have been adversely and economically affected by the pandemic that a favourable easing of lockdown restrictions may enable restoration of their income opportunities.
4. We pray for those who do not believe in God, and also for those Christians who are lukewarm in their reception of Holy Communion that they may pray and reflect on the word of God and the teachings of the Church and experience a renewal of their faith in the Lord Jesus Christ so as to enjoy the lasting peace and joy that the promises to all.
5. Let us pray for our personal needs.

Head : Heavenly Father, we place our trust in you and are confident that you will remain faithful to us. Though the world has shown indifference to the promises of your son Jesus, we are aware that, in the end, it is you who draw all peoples to Him. Listen to our prayers if it be thine will, and help us to rely on Jesus who sustains us to the end. Help us in our need, and particularly keep us free from illnesses, we make this prayer, through Christ our Lord.

All : Amen

Let us pray:

Grant your Church, O Lord, we pray, the gifts of unity and peace, whose signs are to be seen in mystery in the prayers we here present. Through Christ our Lord.

All : Amen

The Lord's Prayer

Head: At the Saviour's command and formed by divine teaching, we dare to say:

All : Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come,
thy will be done on earth as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,

as we forgive those who trespass against us;
and lead us not into temptation,
but deliver us from evil.

Head : Deliver us, Lord, we pray, from every evil, graciously grant peace in our days,
that by the help of your mercy, we may be always free from sin and safe from all
distress, as we await the blessed hope and the coming of our Saviour, Jesus Christ.

All: For the kingdom, the power and the glory are yours now and forever.

Head : Lord Jesus Christ, who said to your Apostles; peace I leave to you, my peace I
give you, look not on our sins, but on the faith of your Church, and graciously grant her
peace and unity in accordance with your will, who live and reign forever and ever.

All : Amen.

Head : The peace of the Lord be with you always.

All : And with your spirit.

Head : Let us offer each other the sign of peace.

An Act of Spiritual Communion



My Jesus,
I believe that You are present in the
Most Holy Sacrament.

I love You above all things,
and I desire to receive you into my soul.
Since I cannot at this moment receive
You Sacramentally,
come at least spiritually into my heart.
I embrace You as if You were already
there
and unite myself wholly to You.
Never permit me to be separated from
You
Amen.

The concluding rites

Let us pray:

Grant, O Lord, we pray, that we may delight for all eternity in that share in your divine life, which is foreshadowed in the present age by our reception of your precious Body and Blood. Who live and reign for ever and ever.

All : Amen.

Head : May almighty God bless us, keep us from all evil and bring us to everlasting life.

All : Amen

Head : Let us go in the peace of the Lord,

All : Thanks be to God.

Prayer for those infected by the Corona Virus

Almighty and ever merciful God,
You show your love to the entire universe.

Hear our prayers as we lift up
all the people infected by Corona virus
in different parts of the world.

We beg you to touch the victims and
their families with your healing touch.

We thank you for the persistent efforts
put in by the doctors to research
an effective solution to this virus.

May you bring success to their
tireless efforts in this field.

We pray for the people working
through the governmental and health
organizations that they may be guided by you to
take appropriate measures to overcome this difficult situation
and work towards the safety of the people.

We make this prayer through Christ, our Lord. Amen.

Hymn : Hungry thirty (181)