



Diocesan Commission for Liturgy, Vasai

The Most Sacred heart of Jesus - Solemnity

Morning Prayer (Lauds)

Note: Liturgy of the hours is the official prayer of the Church. In view of the recent spread of Covid-19 we hereby request the faithful to pray this prayer in their family.

Introduction (with Invitatory)

Lord, open our lips.
And we shall praise your name.

Invitatory Psalm

Psalm 23 (24)

Invitatory Psalm Antiphon: The heart of Jesus was wounded for love of us: come, let us adore him.

The Lord's is the earth and its fullness,
the world and all its peoples.

It is he who set it on the seas;
on the waters he made it firm. **Invitatory Psalm Antiphon**

Who shall climb the mountain of the Lord?

Who shall stand in his holy place?

The man with clean hands and pure heart,
who desires not worthless things,
who has not sworn so as to deceive his neighbour. **Invitatory Psalm Antiphon**

He shall receive blessings from the Lord
and reward from the God who saves him.

Such are the men who seek him,
seek the face of the God of Jacob. **Invitatory Psalm Antiphon**

O gates, lift high your heads;
grow higher, ancient doors.

Let him enter, the king of glory! **Invitatory Psalm Antiphon**

Who is the king of glory?

The Lord, the mighty, the valiant,
the Lord, the valiant in war. **Invitatory Psalm Antiphon**

O gates, lift high your heads;
grow higher, ancient doors.

Let him enter, the king of glory! **Invitatory Psalm Antiphon**

Who is he, the king of glory?

He, the Lord of armies,
he is the king of glory. **Invitatory Psalm Antiphon**

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end. Amen.

Invitatory Psalm Antiphon: The heart of Jesus was wounded for love of us: come, let us adore him.

Hymn

To Christ, the Prince of Peace,
And Son of God most high,
The father of the world to come,
Sing we with holy joy.

Deep in his heart for us
The wound of love he bore;
That love wherewith he still inflames
The hearts that him adore.

O Jesu! Victim blest!
What else but love divine
Could thee constrain to open thus
That sacred heart of thine?

O fount of endless life!
O spring of water clear!
O flame celestial, cleansing all
Who unto thee draw near!

Praise to the Father be,
And sole-begotten Son;
Praise, holy Paraclete, to thee
While endless ages run.

Psalm 62 (63)

Antiphon 1 : Jesus stood and cried out: 'If any man thirsts, let him come to me and drink.'

Thirsting for God

O God, you are my God, for you I long;
for you my soul is thirsting.
My body pines for you
like a dry, weary land without water.
So I gaze on you in the sanctuary
to see your strength and your glory.

For your love is better than life,
my lips will speak your praise.
So I will bless you all my life,
in your name I will lift up my hands.
My soul shall be filled as with a banquet,
my mouth shall praise you with joy.

On my bed I remember you.
On you I muse through the night
for you have been my help;
in the shadow of your wings I rejoice.
My soul clings to you;
your right hand holds me fast.

Glory be to the Father and to the Son
and to the Holy Spirit,

as it was in the beginning,
is now, and ever shall be,
world without end. Amen.

Antiphon 1 : Jesus stood and cried out: ‘If any man thirsts, let him come to me and drink.’

Canticle

Daniel 3:57-88,56

Antiphon 2 : . Come to me, all you who labour and are burdened, and I will give you rest.

All creatures, bless the Lord

O all you works of the Lord, O bless the Lord.
To him be highest glory and praise for ever.

And you, angels of the Lord, O bless the Lord.
To him be highest glory and praise for ever.

And you, the heavens of the Lord, O bless the Lord.
And you, clouds of the sky, O bless the Lord.
And you, all armies of the Lord, O bless the Lord.
To him be highest glory and praise for ever.

And you, sun and moon, O bless the Lord.
And you, the stars of the heavens, O bless the Lord.
And you, showers and rain, O bless the Lord.
To him be highest glory and praise for ever.

And you, all you breezes and winds, O bless the Lord.
And you, fire and heat, O bless the Lord.
And you, cold and heat, O bless the Lord.
To him be highest glory and praise for ever.

And you, showers and dew, O bless the Lord.
And you, frosts and cold, O bless the Lord.
And you, frost and snow, O bless the Lord.
To him be highest glory and praise for ever.

And you, night-time and day, O bless the Lord.

And you, darkness and light, O bless the Lord.

And you, lightning and clouds, O bless the Lord.

To him be highest glory and praise for ever.

O let the earth bless the Lord.

To him be highest glory and praise for ever.

And you, mountains and hills, O bless the Lord.

And you, all plants of the earth, O bless the Lord.

And you, fountains and springs, O bless the Lord.

To him be highest glory and praise for ever.

And you, rivers and seas, O bless the Lord.

And you, creatures of the sea, O bless the Lord.

And you, every bird in the sky, O bless the Lord.

And you, wild beasts and tame, O bless the Lord.

To him be highest glory and praise for ever.

And you, children of men, O bless the Lord.

To him be highest glory and praise for ever.

O Israel, bless the Lord, O bless the Lord.

And you, priests of the Lord, O bless the Lord.

And you, servants of the Lord, O bless the Lord.

To him be highest glory and praise for ever.

And you, spirits and souls of the just, O bless the Lord.

And you, holy and humble of heart, O bless the Lord.

Ananias, Azarias, Mizaël, O bless the Lord.

To him be highest glory and praise for ever.

Let us praise the Father, the Son and Holy Spirit:

To you be highest glory and praise for ever.

May you be blessed, O Lord, in the heavens:

To you be highest glory and praise for ever.

Antiphon 2 : . Come to me, all you who labour and are burdened, and I will give you rest.

Psalm 149

Antiphon 3 : My son, let your heart attend to me; keep your eyes fixed on my advice.

The saints rejoice

Sing a new song to the Lord,
his praise in the assembly of the faithful.
Let Israel rejoice in its Maker,
let Sion's sons exult in their king.
Let them praise his name with dancing
and make music with timbrel and harp.

For the Lord takes delight in his people.
He crowns the poor with salvation.
Let the faithful rejoice in their glory,
shout for joy and take their rest.
Let the praise of God be on their lips
and a two-edged sword in their hand,

to deal out vengeance to the nations
and punishment on all the peoples;
to bind their kings in chains
and their nobles in fetters of iron;
to carry out the sentence pre-ordained:
this honour is for all his faithful.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end. Amen.

Antiphon 3 : My son, let your heart attend to me; keep your eyes fixed on my advice.

Short Reading

Jeremiah 31:33

This is the covenant I will make with the House of Israel when those days arrive – it is the Lord who speaks. Deep within them I will plant my Law, writing it on their hearts. Then I will be their God and they shall be my people.

Short Responsory

Take my yoke upon you and learn from me.

– Take my yoke upon you and learn from me.

I am meek and humble of heart.

– Take my yoke upon you and learn from me.

Glory be to the Father and to the Son and to the Holy Spirit.

– Take my yoke upon you and learn from me.

Canticle

Benedictus

Antiphon : In his tender mercy God has visited us; he has redeemed his people, alleluia.

The Messiah and the one who was sent before him

Blessed be the Lord, the God of Israel!

He has visited his people and redeemed them.

He has raised up for us a mighty saviour

in the house of David his servant,
as he promised by the lips of holy men,
those who were his prophets from of old.

A saviour who would free us from our foes,
from the hands of all who hate us.

So his love for our fathers is fulfilled
and his holy covenant remembered.

He swore to Abraham our father to grant us,
that free from fear, and saved from the hands of our foes,
we might serve him in holiness and justice
all the days of our life in his presence.

As for you, little child,

you shall be called a prophet of God, the Most High.

You shall go ahead of the Lord
to prepare his ways before him,

To make known to his people their salvation
through forgiveness of all their sins,
the loving-kindness of the heart of our God
who visits us like the dawn from on high.

He will give light to those in darkness,
those who dwell in the shadow of death,
and guide us into the way of peace.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be, world without end. Amen.

Antiphon : In his tender mercy God has visited us; he has redeemed his people,
alleluia.

Prayers and intercessions

Response : Beloved Lord, have mercy on us.

We make our prayers to Jesus, who is meek and humble of heart, and we say to him:

Response : Beloved Lord, have mercy on us.

Jesus, in you abides the fullness of godhead:
let us share in your divine nature.

Response : Beloved Lord, have mercy on us.

Jesus, in you are found all the treasures of wisdom and knowledge:
through your Church reveal to us the manifold wisdom of God.

Response : Beloved Lord, have mercy on us.

Jesus, in you the Father was well pleased:
make us persevere in following your teaching.

Response : Beloved Lord, have mercy on us.

Jesus, of your fullness we have all received:
pour out upon us in abundance the grace and truth of the Father.

Response : Beloved Lord, have mercy on us.

Jesus, you are the source of life and holiness:
make us holy and perfect in charity.

Response : Beloved Lord, have mercy on us.

Our Father

Concluding Prayer :

Almighty God and Father,

we glory in the Sacred Heart of Jesus, your beloved Son,

as we call to mind the great things his love has done for us.

Fill us with the grace that flows in abundance

from the Heart of Jesus, the source of heaven's gifts.

Who lives and reigns with you in the unity of the Holy Spirit,

(one) God, for ever and ever.

Amen.

The Lord bless us, and keep us from all evil, and bring us to everlasting life.

Amen