



## **Diocesan Commission for Liturgy, Vasai**

### **Sixteenth Sunday in Ordinary Time**

### **Morning Prayer (Lauds)**

*Note: Liturgy of the hours is the official prayer of the Church. In view of the recent spread of Covid-19 we hereby request the faithful to pray this prayer in their family.*

#### **Introduction (with Invitatory)**

Lord, open our lips.  
And we shall praise your name.

#### **Invitatory Psalm**

Psalm 99 (100)

**Invitatory Psalm Antiphon:** We are the people of the Lord, the flock that is led by his hand: come, let us adore him, alleluia.

Cry out with joy to the Lord, all the earth.

Serve the Lord with gladness.

Come before him, singing for joy. **Invitatory Psalm Antiphon**

Know that he, the Lord, is God.

He made us, we belong to him,

we are his people, the sheep of his flock. **Invitatory Psalm Antiphon**

Go within his gates, giving thanks.

Enter his courts with songs of praise.

Give thanks to him and bless his name. **Invitatory Psalm Antiphon**

Indeed, how good is the Lord,

eternal his merciful love.

He is faithful from age to age. **Invitatory Psalm Antiphon**

Glory be to the Father and to the Son

and to the Holy Spirit,

as it was in the beginning,

is now, and ever shall be,

world without end. Amen.

**Invitatory Psalm Antiphon:** We are the people of the Lord, the flock that is led by his hand: come, let us adore him, alleluia.

### **Hymn**

All people that on earth do dwell,  
Sing to the Lord with cheerful voice;  
Him serve with mirth, his praise forth tell,  
Come ye before him, and rejoice.

The Lord, ye know, is God indeed;  
Without our aid he did us make;  
We are his folk, he doth us feed;  
And for his sheep he doth us take.

For why, the Lord our God is good:  
His mercy is for ever sure;  
His truth at all times firmly stood,  
And shall from age to age endure.

To Father, Son and Holy Ghost,  
The God whom heaven and earth adore,  
From men and from the angel-host  
Be praise and glory evermore.

### **Psalm 117 (118) : A cry of rejoicing and triumph**

**Antiphon 1 :** Give thanks to the Lord, for his great love is without end. Alleluia.

Give thanks to the Lord for he is good,  
for his love endures for ever.

Let the sons of Israel say:  
‘His love endures for ever.’

Let the sons of Aaron say:  
‘His love endures for ever.’

Let those who fear the Lord say:  
‘His love endures for ever.’

I called to the Lord in my distress;  
he answered and freed me.

The Lord is at my side; I do not fear.

What can man do against me?

The Lord is at my side as my helper;

I shall look down on my foes.

It is better to take refuge in the Lord  
than to trust in men;

it is better to take refuge in the Lord  
than to trust in princes.

The nations all encompassed me;  
in the Lord's name I crushed them.

They compassed me, compassed me about;  
in the Lord's name I crushed them.

They compassed me about like bees;  
they blazed like a fire among thorns.

In the Lord's name I crushed them.

I was hard-pressed and was falling,  
but the Lord came to help me.

The Lord is my strength and my song;  
he is my saviour.

There are shouts of joy and victory  
in the tents of the just.

The Lord's right hand has triumphed;  
his right hand raised me.

The Lord's right hand has triumphed;

I shall not die, I shall live  
and recount his deeds.

I was punished, I was punished by the Lord,  
but not doomed to die.

Open to me the gates of holiness:

I will enter and give thanks.

This is the Lord's own gate  
where the just may enter.

I will thank you for you have answered  
and you are my saviour.

The stone which the builders rejected  
has become the corner stone.

This is the work of the Lord,  
a marvel in our eyes.

This day was made by the Lord;  
we rejoice and are glad.

O Lord, grant us salvation;  
O Lord, grant success.

Blessed in the name of the Lord  
is he who comes.

We bless you from the house of the Lord;  
the Lord God is our light.

Go forward in procession with branches  
even to the altar.

You are my God, I thank you.  
My God, I praise you.

Give thanks to the Lord for he is good;  
for his love endures for ever.

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end. Amen.

**Antiphon 1 :** Give thanks to the Lord, for his great love is without end. Alleluia.

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**Canticle**

**Daniel 3:52-57**

Let every creature praise the Lord

**Antiphon 2 :** Alleluia. All works of the Lord, bless the Lord! Alleluia.

You are blest, Lord God of our fathers.  
To you glory and praise for evermore.

Blest your glorious holy name.

To you glory and praise for evermore.

You are blest in the temple of your glory.

To you glory and praise for evermore.

You are blest who gaze into the depths.

To you glory and praise for evermore.

You are blest in the firmament of heaven.

To you glory and praise for evermore.

You who walk on the wings of the wind.

To you glory and praise for evermore.

May they bless you, the saints and the angels.

To you glory and praise for evermore.

From the heavens, the earth and the sea.

To you glory and praise for evermore.

You are blest, Lord God of our fathers.

To you glory and praise for evermore.

Glory be to the Father and to the Son

and to the Holy Spirit,

as it was in the beginning,

is now, and ever shall be,

world without end. Amen.

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**Psalm 150 : Praise the Lord**

**Antiphon 3 :** Let everything that breathes give praise to the Lord! Alleluia.

Praise God in his holy place,

praise him in his mighty heavens.

Praise him for his powerful deeds,

praise his surpassing greatness.

O praise him with sound of trumpet,

praise him with lute and harp.

Praise him with timbrel and dance,  
praise him with strings and pipes.

O praise him with resounding cymbals,  
praise him with clashing of cymbals.

Let everything that lives and that breathes  
give praise to the Lord.

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end. Amen.

**Antiphon 3 :** Let everything that breathes give praise to the Lord! Alleluia.

### **Short Reading**

**2 Timothy 2:8,11-13**

Remember the Good News that I carry, ‘Jesus Christ risen from the dead, sprung from the race of David’. Here is a saying that you can rely on: ‘If we have died with him, then we shall live with him. If we hold firm, then we shall reign with him. If we disown him, then he will disown us. We may be unfaithful, but he is always faithful, for he cannot disown his own self.’

### **Short Responory**

We give thanks to you, O God, and call upon your name.

– We give thanks to you, O God, and call upon your name.

We recount your wonderful deeds.

– We give thanks to you, O God, and call upon your name.

Glory be to the Father and to the Son and to the Holy Spirit.

– We give thanks to you, O God, and call upon your name.

## Canticle

## Benedictus

The Messiah and the one who was sent before him

**Antiphon :** ‘You must come away to some lonely place all by yourselves and rest for a while,’ says the Lord. (**Year B**)

**Or:** Jesus saw the great multitude and he was moved to compassion for them, because they were like a flock of sheep with no shepherd.

Blessed be the Lord, the God of Israel!

He has visited his people and redeemed them.

He has raised up for us a mighty saviour  
in the house of David his servant,  
as he promised by the lips of holy men,  
those who were his prophets from of old.

A saviour who would free us from our foes,  
from the hands of all who hate us.  
So his love for our fathers is fulfilled  
and his holy covenant remembered.

He swore to Abraham our father to grant us,  
that free from fear, and saved from the hands of our foes,  
we might serve him in holiness and justice  
all the days of our life in his presence.

As for you, little child,  
you shall be called a prophet of God, the Most High.  
You shall go ahead of the Lord  
to prepare his ways before him,

To make known to his people their salvation  
through forgiveness of all their sins,  
the loving-kindness of the heart of our God  
who visits us like the dawn from on high.

He will give light to those in darkness,  
those who dwell in the shadow of death,  
and guide us into the way of peace.

Glory be to the Father and to the Son  
and to the Holy Spirit,

as it was in the beginning,  
is now, and ever shall be, world without end. Amen.

**Antiphon :** ‘You must come away to some lonely place all by yourselves and rest for a while,’ says the Lord. (Year B)

**Or:** Jesus saw the great multitude and he was moved to compassion for them, because they were like a flock of sheep with no shepherd.

### **Prayers and intercessions**

**Response :** We praise you, O God: we acknowledge you to be the Lord.

To the only God, our Saviour, through Jesus Christ our Lord, be glory, majesty, dominion, and authority, before all time, now, and for ever.

**Response :** We praise you, O God: we acknowledge you to be the Lord.

We bless you, Lord, creator of the universe: we were sinners, in need of your grace: yet now you have called us to live in knowledge and service of you.

**Response :** We praise you, O God: we acknowledge you to be the Lord.

Your Son has shown us the way.

As we follow in his steps, may we never wander from the path that leads to life.

**Response :** We praise you, O God: we acknowledge you to be the Lord.

We celebrate today the resurrection of your Son:

in suffering and in gladness, may it bring us deep joy.

**Response :** We praise you, O God: we acknowledge you to be the Lord.

O Lord, give us the spirit of prayer and praise:

let us always and everywhere give you thanks.

**Response :** We praise you, O God: we acknowledge you to be the Lord.

Our Father .....



**Concluding Prayer :**

Be gracious, Lord, to us who serve you,  
and in your kindness increase your gifts of grace within us:  
so that, fervent in faith, hope and love,  
we may be ever on the watch  
and persevere in doing what you command.  
Through our Lord Jesus Christ, your Son,  
who lives and reigns with you in the unity of the Holy Spirit,  
God, for ever and ever.

Amen.

The Lord bless us, and keep us from all evil, and bring us to everlasting life.

Amen.