



**Diocesan Commission for Liturgy, Vasai**  
**Thirteenth Sunday in Ordinary Time**  
**Morning Prayer (Lauds)**

*Note: Liturgy of the hours is the official prayer of the Church. In view of the recent spread of Covid-19 we hereby request the faithful to pray this prayer in their family.*

**Introduction (with Invitatory)**

Lord, open our lips.  
And we shall praise your name.

**Invitatory Psalm**

Psalm 23 (24)

**Invitatory Psalm Antiphon:** Come, ring out our joy to the Lord; hail the God who saves us, alleluia.

The Lord's is the earth and its fullness,  
the world and all its peoples.  
It is he who set it on the seas;  
on the waters he made it firm. **Invitatory Psalm Antiphon**

Who shall climb the mountain of the Lord?  
Who shall stand in his holy place?  
The man with clean hands and pure heart,  
who desires not worthless things,  
who has not sworn so as to deceive his neighbour. **Invitatory Psalm Antiphon**

He shall receive blessings from the Lord  
and reward from the God who saves him.  
Such are the men who seek him,  
seek the face of the God of Jacob. **Invitatory Psalm Antiphon**

O gates, lift high your heads;  
grow higher, ancient doors.

Let him enter, the king of glory! **Invitatory Psalm Antiphon**

Who is the king of glory?

The Lord, the mighty, the valiant,  
the Lord, the valiant in war. **Invitatory Psalm Antiphon**

O gates, lift high your heads;  
grow higher, ancient doors.

Let him enter, the king of glory! **Invitatory Psalm Antiphon**

Who is he, the king of glory?

He, the Lord of armies,  
he is the king of glory. **Invitatory Psalm Antiphon**

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end. Amen.

**Invitatory Psalm Antiphon:** Come, ring out our joy to the Lord; hail the God who saves us, alleluia.

### **Hymn**

Transcendent God in whom we live,  
The Resurrection and the Light,  
We sing for you a morning hymn  
To end the silence of the night.

When early cock begins to crow  
And everything from sleep awakes,  
New life and hope spring up again  
While out of darkness colour breaks.

Creator of all things that are,  
The measure and the end of all,  
Forgiving God, forget our sins,  
And hear our prayer before we call.

Praise Father, Son and Holy Ghost,  
Blest Trinity and source of grace,  
Who call us out of nothingness  
To find in you our resting-place.

Stanbrook Abbey Hymnal

**Psalm 62 (63) : Thirsting for God**

**Antiphon 1 :** To you, O God, I keep vigil at dawn, to look upon your power, alleluia.

O God, you are my God, for you I long;  
for you my soul is thirsting.

My body pines for you  
like a dry, weary land without water.

So I gaze on you in the sanctuary  
to see your strength and your glory.

For your love is better than life,  
my lips will speak your praise.

So I will bless you all my life,  
in your name I will lift up my hands.

My soul shall be filled as with a banquet,  
my mouth shall praise you with joy.

On my bed I remember you.

On you I muse through the night  
for you have been my help;  
in the shadow of your wings I rejoice.

My soul clings to you;  
your right hand holds me fast.

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end. Amen.

**Antiphon 1 :** To you, O God, I keep vigil at dawn, to look upon your power, alleluia.

**Canticle**

**Daniel 3:57-88,56**

All creatures, bless the Lord

**Antiphon 2 :** The three sang with one voice in the heart of the fire: Blessed be God, alleluia.

O all you works of the Lord, O bless the Lord.  
To him be highest glory and praise for ever.

And you, angels of the Lord, O bless the Lord.  
To him be highest glory and praise for ever.

And you, the heavens of the Lord, O bless the Lord.  
And you, clouds of the sky, O bless the Lord.  
And you, all armies of the Lord, O bless the Lord.  
To him be highest glory and praise for ever.

And you, sun and moon, O bless the Lord.  
And you, the stars of the heavens, O bless the Lord.  
And you, showers and rain, O bless the Lord.  
To him be highest glory and praise for ever.

And you, all you breezes and winds, O bless the Lord.  
And you, fire and heat, O bless the Lord.  
And you, cold and heat, O bless the Lord.  
To him be highest glory and praise for ever.

And you, showers and dew, O bless the Lord.  
And you, frosts and cold, O bless the Lord.  
And you, frost and snow, O bless the Lord.  
To him be highest glory and praise for ever.

And you, night-time and day, O bless the Lord.  
And you, darkness and light, O bless the Lord.  
And you, lightning and clouds, O bless the Lord.  
To him be highest glory and praise for ever.

O let the earth bless the Lord.  
To him be highest glory and praise for ever.

And you, mountains and hills, O bless the Lord.  
And you, all plants of the earth, O bless the Lord.

And you, fountains and springs, O bless the Lord.

To him be highest glory and praise for ever.

And you, rivers and seas, O bless the Lord.

And you, creatures of the sea, O bless the Lord.

And you, every bird in the sky, O bless the Lord.

And you, wild beasts and tame, O bless the Lord.

To him be highest glory and praise for ever.

And you, children of men, O bless the Lord.

To him be highest glory and praise for ever.

O Israel, bless the Lord, O bless the Lord.

And you, priests of the Lord, O bless the Lord.

And you, servants of the Lord, O bless the Lord.

To him be highest glory and praise for ever.

And you, spirits and souls of the just, O bless the Lord.

And you, holy and humble of heart, O bless the Lord.

Ananias, Azarias, Mizael, O bless the Lord.

To him be highest glory and praise for ever.

Let us praise the Father, the Son and Holy Spirit:

To you be highest glory and praise for ever.

May you be blessed, O Lord, in the heavens:

To you be highest glory and praise for ever.

**Antiphon 2 :** The three sang with one voice in the heart of the fire: Blessed be God, alleluia.

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**Psalm 149 : The saints rejoice**

**Antiphon 3 :** Let Zion's sons exult in their king, alleluia.

Sing a new song to the Lord,

his praise in the assembly of the faithful.

Let Israel rejoice in its Maker,

let Zion's sons exult in their king.

Let them praise his name with dancing

and make music with timbrel and harp.

For the Lord takes delight in his people.

He crowns the poor with salvation.

Let the faithful rejoice in their glory,  
shout for joy and take their rest.

Let the praise of God be on their lips  
and a two-edged sword in their hand,

to deal out vengeance to the nations  
and punishment on all the peoples;

to bind their kings in chains  
and their nobles in fetters of iron;

to carry out the sentence pre-ordained:  
this honour is for all his faithful.

Glory be to the Father and to the Son

and to the Holy Spirit,

as it was in the beginning,

is now, and ever shall be,

world without end. Amen.

**Antiphon 3 :** Let Zion's sons exult in their king, alleluia.

### **Short Reading**

### **Apocalypse 7:10,12**

Victory to our God, who sits on the throne, and to the Lamb! Praise and glory and wisdom and thanksgiving and honour and power and strength to our God for ever and ever. Amen.

### **Short Responsory**

You are the Christ, the Son of the living God. Have mercy on us.

– You are the Christ, the Son of the living God. Have mercy on us.

You are seated at the right hand of the Father.

– You are the Christ, the Son of the living God. Have mercy on us.

Glory be to the Father and to the Son and to the Holy Spirit.

– You are the Christ, the Son of the living God. Have mercy on us.

## Canticle

## Benedictus

The Messiah and the one who was sent before him

**Antiphon :** Jesus turned round and saw the woman. He said, ‘Take courage, daughter: your faith has saved you.’ Alleluia.

Blessed be the Lord, the God of Israel!

He has visited his people and redeemed them.

He has raised up for us a mighty saviour  
in the house of David his servant,  
as he promised by the lips of holy men,  
those who were his prophets from of old.

A saviour who would free us from our foes,  
from the hands of all who hate us.  
So his love for our fathers is fulfilled  
and his holy covenant remembered.

He swore to Abraham our father to grant us,  
that free from fear, and saved from the hands of our foes,  
we might serve him in holiness and justice  
all the days of our life in his presence.

As for you, little child,  
you shall be called a prophet of God, the Most High.  
You shall go ahead of the Lord  
to prepare his ways before him,

To make known to his people their salvation  
through forgiveness of all their sins,  
the loving-kindness of the heart of our God  
who visits us like the dawn from on high.

He will give light to those in darkness,  
those who dwell in the shadow of death,  
and guide us into the way of peace.

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be, world without end. Amen.

**Antiphon :** Jesus turned round and saw the woman. He said, ‘Take courage, daughter: your faith has saved you.’ Alleluia.

**Prayers and intercessions**

**Response :** Lord our Saviour, give us life!

Let us pray to Christ the Lord, the sun who enlightens all men, whose light will never fail us:

**Response :** Lord our Saviour, give us life!

Lord of the sun and the stars, we thank you for the gift of a new day;  
and we celebrate the day of resurrection.

**Response :** Lord our Saviour, give us life!

Lead us by your Spirit to do your will;  
guide and protect us by your wisdom.

**Response :** Lord our Saviour, give us life!

Bring us to share with joy this Sunday’s eucharist;  
nourish us by your word, and by your body.

**Response :** Lord our Saviour, give us life!

Lord, grant us your gifts, though we are unworthy;  
with all our hearts we thank you.

**Response :** Lord our Saviour, give us life!

Our Father .....

**Concluding Prayer :**

Lord God,  
since by the adoption of grace  
you have made us children of light,  
do not let false doctrine darken our minds,  
but grant that your light may shine within us  
and we may always live in the brightness of truth.

Through our Lord Jesus Christ, your Son,  
who lives and reigns with you in the unity of the Holy Spirit,  
God, for ever and ever. Amen.



The Lord bless us, and keep us from all evil, and bring us to everlasting life.

Amen.